

Experience the very essence of total serenity and enjoy a moment of pure relaxation. Spa Reylof allows you to escape from the hustle and bustle of everyday life, surrounded by the history of the Baron Reylof's former carriage house.

# Massages

#### Reylof Signature 60 minutes

A true relaxation for your body and mind. This therapy is excellent for releasing muscular tension, increasing circulation and relieving physical and mental stress.

115 (230 duo treatment)

#### City Escape 45 minutes

By applying pressure to various acupressure points, we help to activate the muscle's vital reflex and aid overall circulation. A perfect choice after a long day of strolling around the city.

95

#### Business Detox 45 minutes

Stress and work often go hand in hand. This therapy focusses on the upper and lower back muscles, relieving strain on the neck and releasing overall body tension.

95

# Make my day 30 minutes

A classic relaxation massage for those moments where you just want some time for yourself. Just relax!

### **Facials**

### Rehydrator Facial

Gentle cleansing and exfoliation help the skin absorb replenishing face treatment oils and masks to deeply moisturize and soothe the complexion. Steam helps to open, purify and soften the skin. The treatment is completed by a vacuum extraction process.

60 minutes 80 90 minutes 120

#### Galvanic Facial Lift

Powerful but gentle vibrations to infuse ageLOC skin products deep into your skin to give you remarkable results. This treatment targets the sources of aging whilst smoothing skin and making it more contoured and toned in appearance.

80 minutes 140

# Deep Cleansing Facial

The deep complexion cleanse and complete skin detox. This deep cleansing facial decongests the skin, working overtime to help eliminate blocked pores, rapidly accelerate skin repair and neutralize impurities. Fast-acting ingredients reduce sensitivity and provide long-lasting defense against the damaging effects of daily pollutants, leaving the skin visibly clear and squeaky clean.

60 minutes 110

### Hands & Feet

## **Revitalising Treatment**

The right solution for active feet and hands. This soothing treatment features an exfoliation of feet and hands, and an application of silky smooth deeply nourishing cream to repair, protect and restore comfort. Followed by relief reflexology to soothe away tension and stress.

75 minutes 110

# **Body**

### Hot stone therapy 60 minutes

An ideal stress reliever. Volcanic basalt stones are placed on key energy points on the body. The hot stone massage takes away tensions, increases and activates blood flow to the muscle tissue and lymph system.

115

### Balancing back wrap 75 minutes

Restore balance, clarity and radiance to your skin. Treat your back to deep cleansing, exfoliation and wrap with natural ingredient to eliminate impurities.

Then nourish the skin with the perfect balance of hydration.

130

### Duo back wrap 80 minutes

For 2 people

Restore balance, clarity and radiance to your skin. Treat your back to deep cleansing, exfoliation and wrap with natural ingredient to eliminate impurities.

Then nourish the skin with the perfect balance of hydration.

180

# Aromatherapy

There are many benefits of aromatherapy treatment depending on the essential oils you use. This treatment has calming and healing benefits and is designed to provide relief for tired, aching muscles and overworked hands and feet with blended essential oils.

45 minutes 95 60 minutes 125