

At Spa Reylof, we work with the holistic skincare line Susanne Kaufmann, inspired by the natural rhythms of the Austrian Alps.

Combining Alpine botanical ingredients with advanced skincare science, the brand is rooted in over 30 years of spa heritage. Each treatment focuses on restoring balance through effective formulations and carefully developed massage techniques.

These holistic rituals are designed to nurture the skin, calm the mind and reconnect body and senses.

## Facial Treatments

### The Signature Facial (90 min) 165

Our most comprehensive restorative treatment, tailored to you. The Signature Facial counteracts environmental stress with antioxidant-rich, award-winning serums to repair and restore elasticity. Sculpting and fascia-releasing massage across the face, neck, and shoulders relieves tension, boosts lymphatic flow, and revives vitality. Skin feels smoother, strengthened, and beautifully renewed.

### The Glow Facial (60 min) 110

A transformative radiance-boosting treatment for tired, dull, or dehydrated skin. The Glow Facial targets the effects of pollution and stress. The Glow Mask deeply cleanses and brightens, followed by the Moisturising Mask to replenish critical hydration, refine texture, and support elasticity. Skin is visibly smoother and refreshed with a healthy, luminous glow.

### The Express Facial (30 min) 65

The Express Facial combines the signature Susanne Kaufmann double cleansing ritual with a gentle express exfoliation to refresh and refine. A soothing scalp massage releases tension and restores balance, followed by a customised finishing routine to hydrate, protect, and revitalise. A fast, effective treatment for instant results.

## Body Treatments

### The Signature Body Massage

A full-body ritual of active restoration, inspired by Susanne Kaufmann's Alpine spa heritage. This bespoke massage blends therapeutic and relaxing techniques to release tension, support circulation, and restore balance. Precious plant oils nourish and hydrate the skin. You'll leave feeling grounded, re-energised, and renewed.

60 min 135 | duo treatment 270 | in-room duo 375  
90 min 200 | duo treatment 400 | in-room duo 550

### The Upper Body Tension-Relief Massage (60 min) 145

A targeted massage to unravel stress where it's held most. After Susanne Kaufmann's signature opening ritual, focused techniques work through the back, shoulders, neck, and scalp to ease muscular tension, soften fascia, and restore ease of movement. This treatment brings fast, lasting relief; leaving you feeling lighter, clearer, and rebalanced.

### The Pregnancy Care Ritual (60 min) 135

A nurturing, deeply restorative ritual designed to support the body during pregnancy. Beginning with a calming foot bath, the treatment eases you into rest. A gentle neck, leg, and foot massage with Arnica Body Oil relieves tension and heaviness, while slow, mindful touch encourages circulation, leaving you feeling grounded, cared for, and softly restored.

*Please note that this service is unavailable during the first 12 weeks of pregnancy.*

*All massages can be personalised. Your therapist will adapt the pressure and techniques to your personal preference, from soothing relaxation to deeper therapeutic work.*

## Hands and feet

### Revitalising Hands & Feet (60 min) 130

A nourishing scrub and massage for silky-soft hands and feet, finished with relaxing foot reflexology.